



THEME SERVICE



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DEAR TRAVEL JOURNALISTS AND -BLOGGERS,

many hiking areas boast lush green meadows, crystal clear mountain lakes, hiking trails that seem to never end, and an Instagram-worthy mountain panorama. But the Serfaus-Fiss-Ladis holiday region features so much more, aspiring to be more than just a top hiking area by offering something for guests of all ages keen to hike, pedal, enjoy great food or simply be active. The region's all around appeal is a major strength.

With its range of innovative themed trails, cool bike routes, thoughtful childcare options and culinary experiences, the Serfaus-Fiss-Ladis region is a place of longing sure to put a big smile on the face of every member of your family. Even for the most discerning guests, the region delivers in all aspects. Those looking for a little more of everything will feel right at home: MORE variety for families, MORE action for adrenaline junkies and MORE unique culinary and cultural experiences. Our secret? Local traditions, warm hospitality, innovative tourism and regional sustainability on our sunny high plateau.

In this Theme Service, we've brought together the unique features that give Serfaus-Fiss-Ladis its special character. The aim is for these to inspire and to serve as a basis for research. Would you like more? Then let's have a personal chat. We'll gladly help you to carry out an individual research trip.

We look forward to meeting you!
Your Serfaus-Fiss-Ladis team

INFO

// JOCHTRAIL

More fun for bicycle fans The new 5.8 kilometre long Jochtrail offers a host of single trail fun and forms a direct connection from Fiss to Serfaus for mountain bikers. Starting point of the high-altitude trail is the top station of the Schönjochbahn cable car at 2,440 m on the Fisser Joch ridge. From there, it will take riders over the Mittleren Sattelkopf to the mid station of the Komperdellbahn, situated almost 500 meters lower. The single trail is made up of a combination of natural trail, north shore elements and tricky sections with rock gardens.



INTERVIEW PARTNER: BURGL KIRSCHNER

Summer holiday is undergoing a renaissance

Burgl Kirschner is head of the „Tiroler Sauerbrunn“ healing and mineral spring. She also once managed the lavish spa hotel formerly located in Obladis and is considered to be one of Serfaus-Fiss-Ladis most endearing personalities. During a jovial conversation, she talks about her summer holiday experiences past and present:

Ms Kirschner, why did spa guests come to Obladis at that time? What made spending summers with you so attractive? Quite simply, guests came to us to rest, recover and escape the hustle and bustle. They breathed in the clear mountain air, drank the water from our spring in the 'Wandelhalle', enjoyed physical exercise on the walking paths, and spent many quality hours in the sunshine. Spending time together was wonderful. Summer visitors played tennis and cricket, swam in the crystal clear mountain lake, enjoyed a few rounds at the bowling alley, went to the hairdresser, wrote postcards... and when it was all said and done, they left Obladis feeling refreshed.

Is the summer resort experiencing a renaissance these days? How does this manifest itself to guests? More and more often, I notice that today's guests again long to experience that which is „good“ in today's fast-paced world. This is exactly what they find with us in the mountains. They enjoy the soothing solitude experienced on selected trails around Obladis and in the entire holiday region, the social evenings with the whole family, and the regional food served up fresh at our inns and restaurants. Not to mention a daily glass of Sauerbrunn spring water fresh from the source! Once, one of our guests simply walked around for eight straight days and told us he'd never felt so refreshed!

What do you think the future will bring? We have to continue to help our guests to shift down a gear and relax. Today, as in the past, the region offers numerous walking paths ideal for contemplation. After all, sometimes it takes time to let relaxation settle in here at our summer resort. But that's really no small wonder considering how hectic things are these days. And yet the taste of our homemade Alpine butter is beloved by everyone, especially after three days at the very latest (laughs). I've also noticed a trend towards holidays not far from home, i.e. quickly escaping the overheated busting of the city and relaxing at our summer resort. Our mountain villages still offer ideal conditions to get closer to nature and especially yourself.



// FISS ENERGY & SENSES TRAIL

More for your senses The redesigned and buggy-friendly themed trail starts from the mid station of the Schönjochbahn cable car and takes you gently downhill through the woods to the Kuh Alm Fiss restaurant. Along the trail, you get to enjoy various powerful places, several game stations beguile and stimulate all five senses - an exceptional experience also for little holiday guests. Distorting mirrors and a saw challenge the senses. Nothing is as it seems. The trail is also adorned with information panels and stations that invite you to relax and linger.

// TIGHTROPE ANTICS BY THE CASTLE

More views while climbing For all those keen to go climbing, Ladis offers three short, yet thrilling via ferratas on the Laudeck castle's quartzite rocks. From tricky to family-friendly, here there's a route for every taste. The views are unbeatable. Climbers will feel their pulses racing as they enjoy the view of the opposite side of the valley including the Berneck castle. After spending time on the rocks, we recommend stopping in at the Rauthof inn located at the end of the three routes.

STORY IDEA

3 GENERATIONS IN SUMMER

A family holiday enriches the life of grandparents, parents and grandchildren. This fact has long been known in the Serfaus-Fiss-Ladis holiday paradise, and so efforts have been made to optimally adapt services to the needs of three generations.



Psychologists, educators and sociologists are unanimous: The extended family is seeing a revival. And spending time together is just as good for the grandparents as it is for the grandchildren and their parents. Creative minds in Serfaus-Fiss-Ladis have long recognised this and have come up with quite a few ideas to ensure that a summer holiday with three generations is a truly joyful experience.

More adventure parks with educational play stations Holiday-makers of all ages can let loose and play at our variety-rich adventure parks. Everything at the Hög Adventure Park revolves around Alpine farming and forestry. A skill course, a woodcutter playground and a giant milk churn memory game delight the whole family at the Högsee lake. Those keen to test their sense of balance can enjoy the raft obstacle course or explore the lake on a paddle boat.

More highlights in the mountains There is even more action at the Summer Fun Park Fiss, which features the Skyswing giant swing with three different levels as well as the Fisser Flieger, a group zipline that whizzes over the heads of visitors and is sure to get the adrenaline pumping. The Fisser Flitzer summer toboggan run, which leads through a jungle cave, an ice cave, a creepy tunnel and even past a pirate ship, is yet another highlight for the entire family.

Get out and explore with the pram Don't let your buggy stop you getting out into the great outdoors. Several buggy-friendly themed trails wind through the forests of the elevated plateau. And if you don't fancy pushing too hard on the trail, you can always rent an e-buggy on site.

Would you like to find out more about the topic of "Three-generation holidays in Serfaus-Fiss-Ladis" or do you want to go on a research trip? Then please feel free to contact us.

SERFAUS-FISS-LADIS

Pezid
2.770 m

Masnerkopf
2.828 m

Hexenkopf
3.036 m

Lawenskopf
2.877 m

Furgler
3.004 m

Rotpleiskopf
2.936 m

Gamsbergkopf
2.821 m

Planskopf
2.804 m

Oberer Sattelkopf
2.596 m

Zwölferkopf
2.596 m

SERFAUS

1.427 m

Serfaus is the most tourism-focused place with 7,288 guest beds. This Romansch mountain village has also boasted a special kind of infrastructure for 35 years.

Thanks to its innovative mobility concept "Serfaus Underground" – the world's smallest, highest-altitude underground, which floats on air cushions, everyone can breathe free, especially families with children: no noise, no grime, no stress.

HIGHLIGHT

I've found something

The Georama Lassida adventure playground at 2,350 metres above sea level opens a window to the world of geology and archaeology for all explorers and hobby scientists. Equipped with spades, kids and adults can go on a journey of discovery across the excavation site. Balance and agility: that's what you need on the cleverly devised Motor Skills Trail.



FISS

1.436 m

600 years of history come alive in Fiss in the old village centre with its impressive farmhouses and their unmistakable entrances. Still exuding the charms of a Rhaeto-Romanic "Haufendorf" (scattered village/a village made up of irregular plots of land), countless traditions have been preserved in the village's winding alleys. Visitors can get an insight into local customs at s'Paules and s'Seppls Haus museum in Fiss. Here there is an exhibition dedicated to the „Fisser Blochziehen," an old Tyrolean carnival custom.

HIGHLIGHT

Ingenious. Regional. Imperial.

The "Fisser Imperial Gerste" is a type of barley being grown again to the delight of both food and whiskey lovers alike. In this respect, the support that the cable car company has provided farmers is exemplary. „We have to learn to meet our own needs once again," says Benny Pregenzer, CEO of the Fiss-Ladis cable car company, which played a key role in the „Fisky Imperial" project.



LADIS

1.192 m

The smallest of the three villages is simply bursting with history: where the Romans once established a stopping point on the "Via Claudia Augusta", today holidaymakers enjoy the historical picture of lovingly renovated, centuries-old farmhouses. Fresco paintings, outside staircases and carved gables dominate the Rhaeto-Romanic village-scape and transport the visitor back to a longforgotten age. The village has also been famous for its healing sulphur spring and the Sauerbrunn spring for several centuries.

HIGHLIGHT

Powerful place with scenic views

The forests above Ladis are steeped in the legend of Wode the giant, who is said to have enjoyed relaxing baths in the pond near Neuegg. Today, the giant adventure world park delights visitors with giant toadstools, ants and snails. The 12-meter Wode tower, located not far from the Wode bath, guarantees magnificent mid- and long-range views of the towards the Inntal valley.



Did you know that in Serfaus-Fiss-Ladis...



11

... great importance is attached to the sustainable use of winter infrastructure? In summer, 11 cable cars carry families, active holiday makers and appreciative souls close to the summits up to 2,600 metres above sea level.

2.600



... one of the geographically highest registry offices in the Alps is located? At 2,600 metres above sea level, lovers can say "I do" at the Crystal Cube - with a 360-degree panorama as a backdrop. However, the cube is not just a place to merry, but also an exclusive mountain restaurant.



2.000

... although the sun shines for about 2,000 hours a year, the average temperature has cooled by 0.6° C over the past 30 years?



500

... about 500 kilometres of trails can be explored on foot – which equates to the distance between Vienna and Nürnberg. In addition, 200 kilometres of signposted bike tours and trails await mountain bikers.

27



... that there are playgrounds everywhere? Youngsters can romp at 27 play areas and playgrounds available throughout in the holiday region. In addition, there are 16 family-themed trails, some of which are pram-friendly and boast exciting stations ideal for all ages.



145.000

... in summer about 145,000 scoops of homemade ice cream are eaten by guests at the mountain restaurants in Serfaus? In addition, about 30,500 pieces of homemade cakes and pies are consumed in the Fiss-Ladis hiking area.

SUSTAINABLY GOOD

In summer, the region scores points with the sustainable use of its winter infrastructure. While ski poles are swapped for mini golf clubs at the Comfort Ski Depot in Fiss, for example, summer guests splash around in the reservoir pond in Serfaus. The Alpine Högsee lake at 1,820 m is the first reservoir in Austria that may officially be used as a swimming lake. While in winter it supports the creation of snow, in summer it offers families a welcome cool off. After all, MORE usage simply makes sense.

INGENIOUSLY REGIONAL REFRESHMENT

Thanks to delicious ice cream, the mountain restaurants in the sunny hiking area of Serfaus are great for a cool down. Best of all, each variety is produced regionally at the mountain huts and restaurants. Crystal clear mountain spring water and milk from local Tyrolean farmers make every scoop or cone a regional solution that's good for our planet as well. After all, MORE regionality for your enjoyment is deliciously ingenious.

PRESS CONTACT

Hansmann PR
Vanessa Lindner
Lipowskystraße 15, D-80336 München
T: +49 (0)89/3605499-12
E: v.lindner@hansmannpr.de
www.hansmannpr.de

Serfaus-Fiss-Ladis Tourist Board
Alexandra Hangl
Gänsackerweg 2, A-6534 Serfaus
T: +43 (0)5476/6239-72
E: a.hangl@serfaus-fiss-ladis.at
www.serfaus-fiss-ladis.at