

## PRESS RELEASE

### **20<sup>th</sup> World Masters Mountain Running Championships to take place in the Stubai Valley**

The world's best mountain runners of 35 years of age and above will compete for the world championships title in Telfes for the second time.

**Stubai Valley, 2021: From 3<sup>rd</sup> to 5<sup>th</sup> September 2021, the World Mountain Running Association will be focused on Telfes in the Stubai Valley again. The sunniest village in the valley will be the venue for a major mountain running event again. The 20th World Masters Mountain Running Championships will take place for the second time on the Schlickeralmlauf route this year, with the first event having taken place on this route in 2014. On 4<sup>th</sup> September 2021, the world's best mountain runners of 35 years of age and above will compete on this route, which has been optimised on an ongoing basis, and will crown their world champion. The opening ceremony of the World Masters Mountain Running Championships will take place at the music pavilion in Telfes on 3<sup>rd</sup> September 2020. In order to get the event off to a good start, the children's races, which have now become a tradition, as well as the Benefit race and the Telfer Wiesen Run in the Stubai Valley, will take place.**

After two World Mountain Running Championships (1990, 1996), one European Championships (2009) and one Masters World Championships in 2014, the World Mountain Running Association (WMRA) chose to return to the Stubai Valley for the 20<sup>th</sup> World Masters Mountain Running Championships.

#### **Stubai as a running destination**

"Our summer events feature two top-class international mountain and trail races: the STUBAI Ultratrail will take place for the fourth time on 3<sup>rd</sup> July. The registration for it is already open on [www.stubai-ultratrail.com](http://www.stubai-ultratrail.com). The 20<sup>th</sup> World Masters Mountain Running Championships will complete this year's running calendar for us. These are unmistakable signs that the Stubai Valley has become established as an ideal destination for mountain runners and trail runners in the Alps," says Adrian Siller, Chairman of the Tourist board Stubai Tirol, who is pleased with the amount of running excellence which is on display.

#### **Schlickeralmlauf**

The pioneer event for this is the Schlickeralmlauf, which has been successfully held in the Stubai Valley for more than 30 years.

"The route for the Schlickeralmlauf has been improved on an ongoing basis and adapted for the infrastructure changes in the Schlick 2000 hiking area, as well as to meet the requirements of international associations and comply with competition rules. Therefore, for example, the finish line was moved almost 100 metres in altitude downwards, to the mountain station Kreuzjoch, the year before the previous World Masters Mountain Running Championships in 2014. This has not made the route any easier at all but has greatly improved accessibility for spectators and for organisational purposes. The venue thus remained the same as a result of this and has become very well established over the years. From 2018 onwards, the finish line at Kreuzjoch was then used for the shorter distance too," comments Andreas Stern, Head of the OC at the Schlickeralmlauf, on the latest changes to the route.

This means that, on 4<sup>th</sup> September 2021, there will also be two different start locations and the finish line will be 2136 metres above sea level at the Kreuzjochbahn mountain station in the hiking centre Schlick 2000. Women and men will compete in nine age groups for each gender. All the groups for women and men aged 55 and above will start at the Kreuzjochbahn middle station. They will face the challenge of a route which is 7.4 kilometres long and features 775 metres of elevation gain. The participants in the age groups M35 up to and including M50 start their race at the Telfes village square. They run a distance of 11.5 km and have to face the challenge of 1157 metres of elevation gain before they reach the finish line.

Any enthusiastic mountain runner who has reached the age of 35 is entitled to participate in the 20<sup>th</sup> World Masters Mountain Running Championships. The maximum age is 79.

Aside from the world championships, people can, of course, also participate in an open race on the Schlickeralmlauf again. The start line for this is at the Telfes village square as usual.

### **Programme**

The participants and spectators can also expect a fantastic supporting programme alongside the running event on the Saturday.

On Friday 3<sup>rd</sup> September, the children's races, which have now become a tradition, and the Benefit race, in which a certain donation amount can be achieved for a charitable cause with each lap, will take place this year too. The Telfer Wiesen Run invites everyone who enjoys running to participate in a flat route which is 8 km long before the official opening ceremony for the world championships takes place in the evening, followed by Tyrolean specialities being served in the community hall and at music pavilion Telfes.

This is where the winners will be presented with their awards after the races on the Saturday and the World Masters Mountain Running Championships event will finish with some live music.

The Sunday provides all visitors and participants with the opportunity to discover one of the Stubai highlights, such as the WildeWasserWeg, the summer toboggan run in Mieders or perhaps even the 'Top of Tyrol' summit platform on the Stubai glacier.

**Registration** and more **information** at: [www.schlickeralmlauf.com](http://www.schlickeralmlauf.com)

For more press information:

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## Overview of the MASTERS world championships 2020

### Friday 3<sup>rd</sup> September 2021

9 am - 8 pm:	Collection of the start documents from the race office
3 pm:	Kinderläufe (children's races)
4.30 pm:	Benefizlauf (Benefit race)
5 pm:	Telfer Wiesen Run
5.30 pm:	Prizegiving for children's races and cheque presentation for the Benefit race
6 pm:	Opening ceremony at Music pavilion - marquee with the Musikkapelle Telfes
7 pm:	Tyrolean dishes are served at the community hall Telfes
8 pm:	Prizegiving for the Telfer Wiesen Run
Then entertainment in the marquee provided by the "Starlight" group	

### Saturday 4<sup>th</sup> September 2021

7.30 am:	Collection of the start documents from the race office
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#### **Start times**

10 am:	open race (not the world championships!); start in the centre of Telfes Women: Youth, M20 and M30 Men: Youth, M20 and M30
10.30 am:	W65 / W70 / W75 start at Middle station Froneben M65 / M70 / M75 start at Middle station Froneben
11 am:	W60 start at Middle station Froneben M60 start at Middle station Froneben
11.20 am:	W55 start at Middle station Froneben M55 start at Middle station Froneben
11.40 am:	W50 start at Middle station Froneben M50 start in the centre of Telfes/
12 noon:	W45 start at Middle station Froneben M45 start in the centre of Telfes
12.20 pm:	W40 start at Middle station Froneben M40 start in the centre of Telfes
12.40 pm:	W35 start at Middle station Froneben M35 start in the centre of Telfes
from 3 pm:	coffee and cake in the marquee
3.30 pm:	presentation ceremony for the open race (not the world championships!) in the marquee
5.30 pm:	presentation ceremony for the World Masters Mountain Running Championships in the marquee
7 pm:	closing ceremony
8 pm:	live music with shows in the marquee

### Sunday 5<sup>th</sup> September 2021

Individual departures, leaving the Stubai Valley

**Registration and more information at:** [www.schlickeralmlauf.com](http://www.schlickeralmlauf.com)