

## PillerseeTal: Over 100 miles, at night or completely relaxed: The trail running event in PillerseeTal

***Austria's longest ultra trail goes into the fourth round. Experience the thrill and beauty of nature in the PillerseeTal in the Kitzbüheler Alps at the KAT100 by UTMB® from 3 to 5 August 2023!***

No matter whether you are a trail running crack, an occasional runner or a junior: when the fourth "KAT100 by UTMB® (Ultra-Trail du Mont-Blanc)" takes place in the PillerseeTal from 3 to 5 August, sports enthusiasts of all levels will lace up their running shoes.

For three days, they will run along the most beautiful trails through the Kitzbüheler Alps - on more or less sweat-inducing routes: The fittest compete in the eponymous "100 Miles Trail" (170.7 kilometres) - the longest ultra trail in Austria. No less challenging are the "KAT100 Marathon Trail" (48.2 kilometres) and the "KAT100 Speed Trail" (24.2 kilometres). But don't worry, it can also be done in a more relaxed way: Those who like can take on eight kilometres and fight for their personal best time on the "Easy Trail". Even the youngest will show what they can do on the "Kids Trail" over various distances.

On all three days of the event, the start and finish area in Fieberbrunn will feature an expo area with well-known exhibitors showing the latest equipment trends.

By the way: This year, the KAT100 is one of 35 international events in the "UTMB World Series" with finals at the "UTMB Mont-Blanc" - and has thus arrived in the Champions League of trail running.

All information and registration at: [kat.utmb.world](http://kat.utmb.world)

Information on the PillerseeTal region at: [www.pillerseetal.at](http://www.pillerseetal.at)

### **PillerseeTal - The trail running Eldorado in the Kitzbühel Alps**

If you want to prepare for the KAT 100 by UTMB®, you will find the best opportunities in the PillerseeTal. The PillerseeTal offers you a breathtaking backdrop and varied running routes that are perfect for improving your endurance and trail running skills. You can already prepare yourself perfectly on the KAT100 routes. Spend exciting days on the trails and relaxing evenings at the three bathing lakes in the PillerseeTal.

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