



# BIG FAMILY PARK & POWDER DAYS

Tips, tricks and fun for the whole family

14 and 15 February 2024 on the Stubai Glacier

Are you looking for more action and variation for your joint skiing days as a family? At the **BIG FAMILY Park & Powder Days** you can again learn from pros who to tackle rails, boxes and smaller or bigger kickers and how to expertly leave your tracks in deep snow slopes. **Not only children and adolescents will have fun on 14 and 15 February 2024. Parents too, are called upon to join in, because there are some important tips from the coaches and guides to ensure that the youngsters' adventures will be risk-minimised.**

On the Park Day it's the Freeski Austria Park Coaches that will show you how to aim high. Step by step, park skills are developed with the pros, from jumps and kickers to sliding over boxes and rails. One of the participants is none other than freestyler Marco Ladner, who, as the youngest Austrian Olympic participant, is no stranger to many youngsters thanks to his videos.

On the second day, you will explore the terrain off the marked slopes with state-certified mountain and ski guides. In addition to having fun in the deep snow, it is also important that you know about the dangers and know how to use an avalanche transceiver, shovel and probe in an emergency. Thanks to the Powder Department Freeride Checkpoints and the Ortovox avalanche transceiver training station, this can be practised easily and playfully on the Stubai Glacier.

All family members from 10 years, who ski or snowboard well, can join in for EUR 19 per person and day (with valid ski pass). And if neither mum nor dad can be convinced, then young people from the age of 14 can also join in unaccompanied.

For the detailed programme and registration go to:

<https://www.stubaier-gletscher.com/en/stubai-live/events/detail/big-family-park-powder-days/>



## PROGRAMME

### Wednesday, 14 February 2024 Park Day

- 9:15 a.m. meeting point at the Eisgratbahn valley station
- uphill ride to the snow park and first instructions
- equipment check and equipment tips
- warm-up and get-to-know games, park rules
- preparation for the first tricks
- LUNCH BREAK TOGETHER IN THE EISSEESTUBE AT THE GAMSGARTEN
- boxes, rails and kickers – how to tackle an obstacle
- risk minimisation and safety in the park
- plenty of fun during bigger and smaller jumps until 3:00 p.m.
- return to the Eisgratbahn valley station at approx. 3:30 p.m.

### Thursday, 15 Feb. 2024 Powder Day

- 9:15 a.m. meeting point at the Eisgratbahn valley station, distribution of rental emergency equipment
- uphill ride and first instructions, warm-up and get-to-know games
- explanation of the Powder Department Freeride Checkpoints
- playful way to handle the avalanche transceiver
- first ride across the piste and beyond
- riding technique tips for powder snow, exercises for positioning and handling the skis in the terrain
- short deep snow run
- LUNCH BREAK TOGETHER IN THE EISSEESTUBE AT THE GAMSGARTEN
- off into the free terrain – Powder Runs
- tips for parents for freeride skiing with children
- risk management and tactics for skiing off-piste
- return to the Eisgratbahn valley station at approx. 3:30 p.m.

### Participation requirements:

Children and young people aged 10 and over and their parents can take part; children aged 10 to 14 must be accompanied by an adult, and those aged 14 and over can take part unaccompanied.

All must be good skiers or snowboarders and be able to ski black pistes safely.



### **Required equipment:**

- ski or snowboard equipment and appropriate clothing (if available: park/all-mountain or freeride skis – broader kids' skis for more floatation)
- helmet compulsory for all (back protectors are recommended)
- backpack for emergency equipment (avalanche transceiver, probe and shovel are provided by ORTOVOX)

Rental skis/snowboards, boots etc are available in the Intersport shops on the mountain and in the valley.

### **Participation fee per person (adult, child) and day: EUR 19 (with valid ski pass)**

Lift passes can be bought at the ticket offices, at the ticket machines or online. The participation fee includes: powder guiding by certified mountain and ski guide, park coaching and rental emergency equipment (transceiver, probe, shovel)

**Min. number of participants: 6**

**Max. number of participants: 18**

**first come, first serve**

Participation is possible on one or both days.

Enquiries and registration by the parents by e-mail to [irene@walser-concepts.com](mailto:irene@walser-concepts.com)