

## Nature, enjoyment and relaxation in the high mountains

High alpine nature and hospitality at their finest, that's what Gurgl in the uppermost part of Ötztal is known for. At over 2,000 meters above sea level, the Diamond of the Alps invites you to breathe deeply, relax and cool off in summer. Mountain enthusiasts and those looking for relaxation can explore the mountain world around the alpine village on foot, by bike or comfortably by mountain lift from 21 June to 15 September. The Timmelsjoch High Alpine Road as the secret gate to the south also offers superb views beyond Tirol's borders. TOP Mountain Crosspoint or Hohe Mut Nature Park Info Point are worth a visit even in bad weather.

Nestled between three thousand meter high peaks and centuries-old stone pine forests, this alpine holiday destination promises relaxation very close to nature. Pleasant temperatures and fresh air at this altitude are also a good reason to be active, even despite the heat in the valley. You can recharge your batteries sustainably while enjoying yoga, gentle hikes and leisurely (e)bike tours or - new this year - forest bathing at Ochsenkopf. The Zirbenwald Nature Lounge with two platforms next to Rotmoos waterfall including a photo point invites you to while away some moments. Audio guides tell interesting stories about the region at several stations amid the stone pine forest, in the Rotmoos and Gaisberg side valleys and on the loop hiking trail across Piccard bridge.

### Varied hiking trails

Set off right from your hotel door or take the summer mountain lifts up to the extensive network of trails: hikes to high altitude huts or loop hiking tours with a view of the glacier are possible without much effort. On the viewing platform at Kirchenkar gondola (2,839 m), nature lovers enjoy fabulous views of the surrounding mountain world while Hohe Mut Alm offers an incredible panorama of some 21 peaks higher than three thousand meters. Even in cloudy weather, hikers can reach countless mountain



huts serving high-quality food and delights. An adventure playground, the "Glacier - Climate - High Alpine Research" Nature Park information point, the Water Strider Trail and Rotmoostal side valley are waiting to be explored.

### **Truly relaxing offers**

Guests enjoy pure relaxation during the Alpine Yoga Summer: the impressive mountain scenery coupled with Hatha-style yoga session at Hohe Mut Alm promise harmony of body and mind. The Top Mountain Gourmet Gondola invites connoisseurs to a culinary journey on Kirchenkar gondola. Passionate hikers can enjoy the unique Hohe Mut Alm picnic backpack filled with delicacies from the region in a high alpine atmosphere. The Hohe Mut Alm mountain breakfast at 2,600 meters provides further moments of enjoyment. Mountain enthusiasts will enjoy very special views on the "Glacier Exploration" Nature Park Hike and the Glacier Crevasse Tour. All these unique adventures and activities can be purchased online in advance in the Adventure Shop.

### **Biking at the Diamond of the Alps**

Cyclists also get their money's worth in Gurgl. For road cyclists, the King's Tour up to Timmelsjoch Pass is a challenging sporting experience. Biking and cycling enthusiasts can reach the mountain huts using their own muscle power or with the help of an e-bike. The summer mountain lifts also promise effortless ascents. Popular refreshment stops include Langtalereckhütte or Lenzenalm, where bikers can reward themselves with hearty hut fare. The Enjoyment E-bike Tour is strongly recommended too: twice a week, trained e-bike guides take participants from Obergurgl to the area's most scenic spots.

### **Special excursion sites**

A visit to Europe's highest motorcycle museum is almost a must when staying in Gurgl. Over 500 historic motorcycles and sports cars await you on an area of 4,500 square meters. Horsepower fans can experience the hands-on motorcycle experience at several interactive stations. 4D cinema, simulations, changing exhibitions and seasonal specialties in the restaurant with table service complement the offer for visitors. The Timmelsjoch High Alpine Road boasts spectacular views, visitors can explore the



highest pass in the Eastern Alps (2,500 m) by car, motorcycle, racing bike or bus. It is a very special experience to visit Timmelsjoch up close at several rest stops and panorama stations. Display boards provide interesting insights into culture, history and nature on the Austrian and Italian sides. The state-of-the-art Gurgl Carat congress & event center offers a varied program of highlights. Conferences, meetings, concerts and regional events are held here on a regular basis.

### **Attractive services**

The Ötztal Summer Card provides holidaymakers with exclusive premium benefits throughout Ötztal during the summer months, such as free use of public buses and summer mountain lifts, free admission to swimming pools, bathing lakes, museums and a lot more.

**More details:** [gurgl.com](http://gurgl.com)

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