



For immediate release

March 19, 2025

RED BULL X-ALPS 2025 ROUTE ANNOUNCED

Longest route ever unveiled around figure of eight course with X-Turnpoint at its center that athletes must pass on outward and return legs. Additional new features are the most western Turnpoint in Les 2 Alpes - plus three via ferratas.

Athletes will face one of the most physically challenging routes this summer when Red Bull X-Alps 2025 begins in June. Known as the world's toughest adventure race, Red Bull X-Alps organizers have unveiled a route that will test athletes as never before.

At 1,283km the route is the longest ever, featuring 16 Turnpoints spread out across five countries – Austria, France, Germany, Italy and Switzerland. The route starts and finishes in Austria but for the first time since 2019 athletes must journey deep into the French mountains – all the way to Les 2 Alpes.

The route follows a figure of eight, with athletes passing through the Swiss resort of St. Moritz both on the outward and return legs – the X-Turnpoint. This course will push athletes to their limits, requiring them to cross the main chain of the Alps a total of four times. New features also include three mandatory via ferrata climbs – two in Italy and one in France, testing athletes' ability to cover steep and technical terrain on foot in the high mountains.

Race co-founder Ulrich Grill states: "I'm really excited to present this route. It's a huge step-up and with an X at its heart is a fundamentally different – and more challenging – route to previous years. The via ferrata climbs add an element of adventure, keeping with the spirit and history of Red Bull X-Alps as the world's toughest adventure race."

Like 2023, Red Bull X-Alps 2025 kicks off with a Prologue and start in Kitzbühel - Kirchberg. Thanks to a partnership with KitzSki the first Turnpoint will be at the top of the legendary Hahnenkamm once again. After that, everything is a big change from previous editions. The route begins by heading due south, crossing the main chain of the Alps for the first time. That will be a big challenge if it's not flyable.

At Sexten Dolomites, athletes must sign the Signboard in the city center of Sexten before they climb to the summit of Toblinger Knoten. The route then heads due west across northern Italy to another climb, the Heini Holzer via ferrata and two Turnpoints in an area famous for its paragliding – one situated next to the Kuhleitenhütte in Merano 2000, the other a short glide away in Schenna.



Commercial
Vehicles



GARMIN

UBIMET



Athletes then head west to the X of the route, the Swiss resort of St. Moritz, passing complex terrain with limited landing options. St. Moritz is the point where athletes cross the main Alpine divide for the second time. The next Turnpoint is Disentis Sedrun, situated at the watershed of the Rhone and Rhine rivers.

From here the route continues its westward direction to the peak of Niesen, in the home area of eight-time winner Christian Maurer, and then on to the Mont Blanc Turnpoint, which can only be reached by a via ferrata. Previously, this is where the route turned around, but athletes must now push 100km deeper into France to the iconic ski resort Les 2 Alpes – the most western Turnpoint.

At this point athletes turn east for the return journey and face the longest open-distance section, almost 250km, to Ascona-Locarno and then a short hop to Bellinzona – both of which are Swiss Turnpoints. Here we could see athletes diverging as they face the decision of whether to cross the flats or head back into the mountains.

Then the route passes the X-Turnpoint in St. Moritz a second time before crossing the main Alpine divide for the fourth time to Lermoos – Tiroler Zugspitz Arena, Austria and Germany's tallest mountain, the Zugspitze. The final section sees athletes navigate through challenging airspace onto Schmittenhöhe and the landing float of Zell am See for the finish.

"This is an extremely challenging route for athletes. They have to cross the main chain of the Alps four times, there are tricky airspace issues as well as strong valley winds and difficult landing options in many places. It is also an extreme physical challenge with three via ferrata climbs. If athletes land early or there's bad weather, there will be a lot of hiking and mountain running. The route has never been this complex or difficult," comments race director Ferdinand Vogel.

The athletes agree but are looking forward to the thrill of this year's race. Arron Durogati (ITA1) states: "I am always looking forward to Red Bull X-Alps. I'm really surprised about this year's route, I wasn't expecting it. I 'm really happy that it goes south and that I have a Turnpoint close to my home. I'm hoping for good weather, if not it is going be a long race."

Celine Lorenz (GER2) follows it up with: "I'm super excited to finally know the route. Now the training and planning really can start and I'm looking forward to it. I learned a lot at the previous race, and I changed and adapted my preparations according to it."

Patrick von Känel (SUI2): "It is amazing to have six Turnpoints in my home, Switzerland. It motivates me to push even harder, but I think that goes for all athletes. I'm curious to see who will be the fastest in the end."



Commercial
Vehicles





The race starts on June 15 and is preceded by a one-day Prologue on June 12 which takes place in the mountains surrounding the resort of Kitzbühel - Kirchberg.

Stay tuned for more updates as we gear up for Red Bull X-Alps 2025. For a deep dive into the route and all Turnpoints [click here](#).

About Red Bull X-Alps

Red Bull X-Alps is the world's toughest adventure race. It's a fiercely contested battle across the Alps lasting almost two weeks in which around 30 athletes run, hike and fly by paraglider up to 150km a day passing set Turnpoints positioned across the highest and most iconic mountains of the Alps as well as in famous resorts. With athletes often hiking up to 4,000m of vertical ascent each day and running as much as 100km on foot, it's not only an incredible test of physical endurance but also of flying skill.

Red Bull X-Alps is the ultimate test of body and mind and only open to the world's best adventure athletes and paraglider pilots.

Red Bull X-Alps was founded in 2003 by the late adventurer Hannes Arch and has taken place every two years since then. The 2025 edition is the 12th edition of the race. Every edition since 2009 has been won by the Swiss athlete Christian Maurer, or 'Chrigel the Eagle' as he has become known to the race's legion of fans and followers.

MEDIA RESOURCES

Downloads:

High-res images, videos, infographics and more can be downloaded from the [Red Bull X-Alps News Room](#) on Red Bull Content Pool.

Editorial content:

Editorial and athlete related content can be found on redbullxalps.com.

Social media channels:

Follow us on [Instagram](#), [Facebook](#) and [YouTube](#).



Commercial
Vehicles



GARMIN UBIMET



Contact:

For all image, interview and other media requests, please contact:

media@redbullxalps.com

tel: +43 664 9631163

www.redbullxalps.com



Commercial
Vehicles



brixental
Schneeberg & Umgebung

KITZBÜHEL

KITZSKI

exten

MILANO
CITY

schenina

Le Muris
Hotel & Spa

Dionisio
Sedrun

HERZOG
FRIEDRICH

les 2 alpes

ASCONA
LOCARNO

St. Moritz
Val

Città di
Bellinzona

St. Gallen
Alpen

SCHMITTEN
Zill am See

Zell am See
Kaprun

Aprèsport

esri

navi

SKYWALK

ubilabs

GARMIN

UBIMET