



Holidays in Ötztal: A summer full of new perspectives

Starting 04 June 2026, Tirol's longest side valley will once again be at its best. Over 1,600 kilometers of hiking trails, around 850 kilometers of mountain bike routes and top modern summer mountain lifts promise extraordinary nature exploration for mountain enthusiasts of all ages and skill levels. Whether it's outdoor adventures in Lower Ötztal, relaxation at AQUA DOME - Tirol Therme Längenfeld spa center, a visit to the spectacular 007 ELEMENTS James Bond Adventure World high above Sölden or conquering your first 3,000 meter high peak in Vent: scenic Ötztal valley uniquely combines action, relaxation and inspiration. New to the summer program is Austria's first floating Ninja Park in Hochoetz at over 2,000 meters. And "Ötzi", the famous glacier mummy, will also be attracting attention in 2026. September marks the 35th anniversary of his discovery.

Everything included: Ötztal Summer Card

The unrivaled Ötztal Summer Card remains a key component of the overall holiday experience. Guests staying at one of the approximately 400 partner accommodations within Ötztal receive it free of charge. Alternatively, the holiday card with added value can be purchased for three, five, seven or ten days. Included are the use of all summer mountain lifts, valley-wide public transport lines as well as admission to museums, swimming pools and bathing lakes. Additionally, card holders benefit from free or discounted admission to AREA 47 and AQUA DOME - Tirol Therme Längenfeld during selected holiday periods. All details about included services, partner accommodations and other benefits can be found at: [Summer Card](#)

New highlight: Ninja Action on cool water

Climbing, balancing, jumping and, if necessary, landing more or less gracefully in the mountain lake: Austria's first floating climbing park, Ninja Park Hochoetz, brings the thrill of popular TV ninja shows straight to Tirol's mountains. At an altitude of over 2,000 meters, directly on the water reservoir in Hochoetz, 28 modular elements are installed above the water. Three difficulty levels promise perfect challenges for children, teenagers and adults, for ninja novices but also ambitious climbing fans. Life jackets, wetsuits and instructions given by certified guides are already included - so just get started! All information: [Ninja Park Hochoetz](#)





From interactive to inclusive: Adventures on the mountain and in the valley

In addition to classic outdoor activities, Ötztal valley is increasingly focusing on interactive nature exploration. On the Discovery Trails, visitors can explore the region's stories and unique features. At several stations along the trails, facts and figures are brought to life digitally with the help of audio formats, videos and small puzzles. The latest addition in the lower part of the valley is the "Legends of Oetz" discovery trail, while in the uppermost valley, the fifth route will open this summer - "Forest Bathing and Meditation Trail" in Gurgl. [Ötztal Discovery Trails](#)

At the same time, scenic spots are being made even more accessible. The most recent example is the comprehensive renovation of the popular Weller Bridge near Oetz, including its access points. The result is a continuously accessible hiking trail from the central car park in Oetz, including a barrier-free viewpoint directly on the bridge overlooking Ötztaler Ache mountain river.

The cycling options are also expanding: some 30 new kilometers of mountain bike routes are added to the network, featuring both leisurely alpine trails and more challenging bike routes. Bike Republic Sölden kicks off the season on 04 June. Two new lines, a pump track at Gaislachkogel gondola middle station plus convenient bike hubs for carefree bike & hike adventures appeal to an even wider range of sports enthusiasts.

High alpine adventure in Vent: 3,000 meter peaks, stars and culinary enjoyment

Anyone dreaming of climbing a three thousand meter high summit by using own muscle power will find ideal conditions in Vent. The five-day mountain tour "My first real 3,000m high peak" to the summit of Similaun (3,606 m) includes guides, equipment rental and overnight stays, as well as an acclimatization tour. Four dates are available in June, July, August and September. [My first real 3,000m high peak](#)

In late summer, the mountaineering village of Vent showcases its extensive alpine expertise with a variety of outstanding events. Highlights include the Dark Night (01 Sep), the Stargazing Hike (04 Sep), the Sunrise Tour to Wildes Mannle (08 Sep) and the Alpine Talk with mountaineering expert Dani Arnold (14 Sep).

The alpine village also delights with culinary treats. On occasion of the "Culinary Hopping" tour, participants stroll from one inn to the next, sampling a dish of regional specialties at each one. The guided culinary tour with its multi-course menu takes place on three dates: 30 Jun, 28 Jul, 25 Aug.

Detailed information: [Mountaineering Village of Vent](#)





Reach for the sky and breathe deeply in Gurgl

Gurgl, the Diamond of the Alps in Upper Ötztal, welcomes guests at over 2,000 meters with pollen-free mountain air and premium offers that leave nothing to be desired. Culinary flights of fancy such as a mountain breakfast on Hohe Mut Alm and breakfast served in the Gourmet Gondola complement the toque-awarded and Michelin-starred offers of the local gourmet scene. While the Top Mountain Motorcycle Experience displays high-octane insights, Gurgl Carat Event Center will again become a stage for artistic creation. A different kind of high-spirited fun is scheduled at the "Stone Pine Master Challenge" on Hohe Mut Alm on 01 Aug - marking the kickoff to an annual competition revolving around the best stone pine schnaps.

More details: [Summer in Gurgl](#)

Between adventure and recreation

Adrenaline and relaxation are often just minutes apart in Ötztal. At Austria's largest outdoor adventure park, AREA 47, the season starts as early as May. The program includes over 40 trend sports, spectacular events and new features in the Wake AREA, the one and only wakeboarding facility in western Austria. The huge indoor bike park covering 3,700 square meters, guarantees action in all weathers. Need to relax and unwind? Fabulous AQUA DOME - Tirol Therme Längenfeld offers the perfect respite. Nestled in the alpine mountains, it combines modern wellness, architecturally stunning water features and tranquility at the highest level. Twelve indoor and outdoor pools, sauna parlors, fitness area and restaurants are available for perfect relaxation, while younger guests are well taken care of in the separate children's water world.

"Ötzi" celebrates an anniversary

35 years after the sensational discovery of the glacier mummy on Tisenjoch saddleback, Ötztal is honoring its most famous local with a variety of anniversary activities and celebrations. Ötzi Village in Umhausen invites visitors to a festival with a fabulous side program on **19 Sep**. Stone Age fans can, among other things, marvel at the new 1:1 replica of the discovery site in the information hall, meet eyewitnesses to the find and immerse themselves in the fascinating prehistory and early history of the Alps with lifelike actors.





Adventures with mascot WIDI

From 25 May to 16 Oct 2026, stunning Ötztal welcomes WIDI the mountain sheep and his young guests. The popular children's activity program from Monday to Friday boasts a variety of adventures and activities for kids between three and ten years old. Be it creative workshops, exciting nature exploration days or encounters with animal, the focus is on physical activity, discovery and shared experiences. Children aged four and older can even participate independently if they wish. Families are also invited to enjoy many activities together while creating precious holiday memories. Participation is free of charge for all children staying at a WIDI partner accommodation.

For information: [WIDIs Kids' Program](#)

A summer brimming with events

Ötztal's 2026 event calendar is as varied and entertaining as ever. Sporting highlights include the **Stuiben Trail Run** (14–17 May), the high alpine **Glacier Trail Run** in Gurgl (16–19 Jul) and the **WIDI Trail Run** (20 Sep) for the youngest athletes. The legendary **Raft Battle** fun rafting event (02 May) marks the start of the outdoor season. The biking community will also find plenty to enjoy, such as the **Bike Republic Sölden Festival**, 18–21 Jun, and the 45th edition of the legendary **Ötztaler Cycle Marathon** on 30 Aug.

In the surroundings of Hochoetz, events like **WIDIVERSUM Family Festival** (12 Jul) and **Alpine Pasture & Mountain Festival** featuring "Ötztaler Alpentornados" music band (23 Aug) promise enjoyable summer moments. The **Sunset on the Mountain** evenings (31 Jul & 14 Aug) are particularly atmospheric, as guests enjoy music, fine drinks and regional cooking at an altitude of over 2,000 meters.

The **AREA 47** event program is as well action-packed. The season kicks off with the **Wake Opening** (14-16 May) in mid-May. Throughout the summer season, spectacular highlights will follow, including **Blob the Boss** (12 Jun), **Stiegl Extreme Blobbing** (04 Jul), **EOFT** (17 Jul) as well as **Cliffdiving Tour** (18 Jul) and **Freestyle Highdiving Competition** (29 Aug). The season traditionally concludes with **The Last Run** on 10 Oct.

Traveling in a relaxed and sustainable manner

Ideally, your holiday in Ötztal already begins during your arrival journey. Thanks to excellent train connections to Ötztal-Bahnhof station with links to international long-distance trains and frequent bus services into the valley, sustainable travel options are becoming increasingly convenient.





The new Adventure Ticket allows you to easily combine train travel with digital tour planning. The ticket includes train travel on a daytime train or ÖBB Nightjet to Ötztal-Bahnhof or Innsbruck train stations, comprising onward travel on regional bus no. 320 and a voucher for one month of premium access to the komoot navigation app.

Once you arrive, the public transport network - in combination with the ultimate Ötztal Summer Card - ensures maximum flexibility without needing a car.
[Mobility options in Ötztal](#)

Further information: www.oetztal.com

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