

Stuiben Trail Run 2026: International Running Festival in the Ötztal Valley

Around 1,000 runners from 26 countries turned the village of Umhausen into a hub of the international trail running scene. Despite very challenging weather conditions, the Stuiben Trail Run proved to be a top-class sporting event. Edith Zell from Längenfeld in Ötztal and Sven Koch from Germany won the main event's supreme discipline on a modified 36-kilometer course covering 1,900 altitude meters. In addition to the athletic extreme performances, the cooperation with Northland China also garnered attention.

Both the full starting lists and the high quality of the participants' field proved the excellent reputation of this event. "Interest was enormous this year. The fact that the 24K and 12K distances sold out so quickly and that we had to increase the number of participants shows how popular the event has become," emphasizes Martin Scheiber, head of the Stuiben Trail Run OC Committee. This year's event proved to be a true challenge for participants and organizers alike. Due to a cold weather front and for safety reasons, it was necessary to adapt the course routes and move parts of the side program indoors. Thanks to the experienced organizing team, however, the 2026 Stuiben Trail Run could defy the inclement weather conditions and was also completed without any incidents. For the participants, the trail running event offered a unique Ötztal experience as they mastered all four seasons on one race day, from wintry snow flurries to bright sunshine.

Winners get all-inclusive package to China

Especially in the supreme discipline, 42K Stuiben Trail, the number of top athletes was higher than ever before. With top favorites like Sven Koch, Jack Chamberlain, Thijs de Lange and Markus Lindl, an exciting battle for the podium was guaranteed. In the end, Sven Koch prevailed in the men's race with a time of 3:20:02. Edith Zell from Längenfeld triumphed in the women's race already for the second time, finishing in 4:18:31. In addition to the prize money, a special highlight awaited the two fastest runners in the 42K distance this year: thanks to the cooperation between Ötztal Tourismus and Northland China, they also won an exclusive package for the "Northland Yangshuo 100" held in China in November 2027 - including flights, accommodation and participation in the race.





The other female and male winners in their categories:

24K: Manuel Innerhofer (AUT) & Veronika Beichl (GER)

12K: Hans-Peter Innerhofer (AUT) & Cecil Emma Kümpel (GER)

Stuiben Sprint: Manuel Innerhofer (AUT) & Sofia Demetz (ITA)

Experienced team along the running track

Behind the scenes, a team of around 125 female and male volunteers, mountain rescue experts and emergency personnel ensured that everything ran smoothly. From providing refreshments along the trail running course to offering medical monitoring at the exposed sections near the waterfall.

Side program as a crowd puller

The focus on a holistic experience paid off. From the well-attended Trail Running Night with Base Five as a partner to the WIDI Trail Run featuring more than 100 enthusiastic kids: all the single programs and activities were extremely well received by the community. "We don't just want to offer a trail running race, but a varied and entertaining trail running weekend where professionals, hobby runners and families alike feel at home," Scheiber states.

Next stop: Glacier Trail Run in Gurgl

After the races in the surroundings of Tirol's largest waterfall, attention is already turning to the next high alpine highlight in Ötztal's uppermost part. From 16 to 19 July 2026, the Glacier Trail Run in Gurgl invites runners to a showdown at altitudes between 2,000 and 3,000 meters. Undisputed highlights are scheduled: for example at the Trail Running Night, athlete and influencer Susi Lehmann will present her successful film "Running via Alpina". The 62K and 26K distances are already fully booked. There are still a few last places available for the 42K and 14K races. Thanks to Expo, WIDI Trail Run, new children's sports day and relaxed finish at Hohe Mut Alm mountain inn, Ötztal once again will remain true to its reputation as a trail running center of excellence. All those who can't be there live in Gurgl in July can follow the races via livestream on [YouTube](#).

All 2026 Stuiben Trail Run results: [HERE](#)





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PR & Media

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Booking & Information

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