

New winter hiking trails in St. Anton am Arlberg/Tyrol 80 kilometres of alpine wellness



Snow crunching underfoot, a pleasant mountain climate and altitude training all rolled into one: the choice of winter walking trails has increased to a network of over 80 kilometres in and around St. Anton am Arlberg/Tyrol in time for the 2019/20 season. These trails lead holidaymakers to the local recreation area of Verwall, Almfrieden Mountain Guesthouse (1,530 metres) above Pettneu or, more recently, between the mountain stations of the Galzig and St. Christopher cableways. Due to the lower oxygen content at medium altitudes, many athletes use the winter hiking trails in St. Anton am Arlberg (1,304 metres) for fitness and endurance

training. If, on the other hand, you fancy a pleasant snowshoe hike through snow-covered landscapes, you are best advised to do so with a trained guide. www.stantonamarlberg.com

Photo: Active holidays - thanks to the healthy mountain climate, winter hikes in St. Anton am Arlberg/Austria are a comfortable walk and training session all rolled into one.

Picture courtesy of: WEST Werbeagentur, Alexandra Genewein

On foot or boards

Among the 17 winter hiking trails advertised in the St. Anton am Arlberg holiday region, hikers with sturdy footwear can explore the mystical Verwalltal Valley (10 kilometre round trip), or the ice crystal coated landscape of Erlen on the "Stanzertaler Rundwanderweg" (Stanzertal circuit - 24 kilometre round walk). A shorter route leads to Gasthof Almfrieden (six kilometres), while the winter hiking trail at Galzig (one kilometre) can be reached by cable car. Those who prefer to explore on skis should sample the delights of the seven cross-country ski trails with both leisurely and sporty variants (one and a half to 22 kilometres long).

New in winter 2019/20: Wagner Hut in the Verwall Valley

The new Wagner Hut (1,446 metres) in the Verwall Valley opens its doors in time for the 2019/20 winter season. The inviting inn is a popular meeting point for locals and visitors in St. Anton am Arlberg, who can explore the local recreation area of Verwall on snowshoes, horse-drawn sleighs or cross-country skis. In addition to two dining lounges, a winter garden and terrace, the Wagner Hut has seminar and conference rooms. Open daily in winter from 10 to 17 hrs and until 23 hrs on Fridays and Sundays.